



NEWSLETTER

Your Newsletter Team

Myla Ignacio - Content Writer, Editor

Danielle Armada - Content Writer, Layout & Design

Welcome to February!



February brings a sense of warmth to our college community, even as winter continues outside. This month invites us to stay connected, support one another, and embrace opportunities for learning, wellness, and personal growth. Alongside meaningful cultural celebrations like Valentine's Day – a reminder of kindness, appreciation and connection, we also recognize the importance of balancing school, work and family on Family Day. February is a time to celebrate community, explore local winter activities, and continue building momentum toward our academic and career goal.

In this edition of our newsletter, we highlight Calgary winter events such as Chinook Blast and Lunar New Year festivities; honour Black History Month by spotlighting inspiring Black Canadian professionals; and share practical guidance for maintaining mental wellness during the colder months.

You will also find practical ways to support your well-being during the winter months, financial literacy resources through Enriched Academy, key reminders as we count down to convocation, updates on the valedictorian application process, and insights from the AACC Monthly Webinar Series that support ongoing professional and community learning. Other features for this month's newsletter – school community highlights and reminders.



Experience Calgary's Winter Spirit at Chinook Blast

Chinook Blast, now hosted at Eau Claire Plaza, is Calgary's signature winter festival. The festival brings together art, music, and interactive experiences for people of all ages. It's a wonderful opportunity for the community to engage with local creativity, enjoy live performances and installations, and take part in the city's winter celebrations. Whether visiting with family, friends, or on your own, Chinook Blast offers a chance to connect, explore, and experience the vibrant spirit of Calgary in winter.

Family Day: Balancing School, Work and Family

Family day in Alberta is more than a mid-winter break. It is a reminder of the importance of connection, rest, and the relationships that support us through busy seasons. For many students and working adults, balancing school, work, and family responsibilities can feel overwhelming, especially during the winter months when routines are full and energy can run low. Family Day offers a meaningful opportunity to pause, reflect, and realign priorities.

Finding balance begins with recognizing that each part of life – academic commitments, employment, and family, plays a valuable role in personal growth. Setting realistic expectations, planning, and communicating openly with family members and employers can help reduce stress and create space for quality time.

Even small adjustments, such as organizing weekly schedules, setting aside dedicated study hours, or planning simple family activities, can make a significant difference.



Family Day also encourages us to reconnect with the people who motivate and support us. Whether it is sharing a meal, enjoying a winter walk, attending a local event, or simply spending quiet time together at home, these moments strengthen relationships and provide the emotional grounding needed to stay focused on long-term goals. Taking time to rest and reconnect not only benefits personal well-being but also helps students and professionals return to their work with renewed energy and clarity.



“30 Years of Black History Month: Honouring Black Brilliance Across Generations – From Nation Builders to Tomorrow's Visionaries”

February gives us an opportunity to recognize Black History Month and reflect on the contributions of Black communities across Canada. It is also a time to acknowledge the experiences, voices, and achievements of Black students within our own college community.

Our Black students bring diverse perspectives, talents, and leadership that enrich classroom discussions and campus life. Their commitment to their studies, professional goals, and personal growth strengthens our learning environment. As a college, we remain committed to fostering a respectful and inclusive space where every student feels supported and empowered to succeed.



“Black history is not just for Black people – Black history is Canadian history.”

- JEAN AUGUSTINE

ALBERTA ASSOCIATION OF CAREER COLLEGES: *POLICY TO PRACTICE WEBINAR SERIES*

The **Alberta Association of Career Colleges (AACC)** has launched a monthly webinar series called *Policy to Practice*, designed to support member schools with practical, realworld guidance. Each session focuses on applying policy in daytoday operations and highlights effective practices that strengthen institutional processes. The series is hosted by **Dmetri Berko, AACC's Executive Director**, and features topics tailoured to the needs of college staff across various departments.

In January, the webinar centered on areas

essential to Registrar's Offices, Operations, Student Services, and Compliance teams, offering insights to help streamline workflows and improve service delivery. For February, the focus shifts to Tuition, Funding, and Payment Operations, providing valuable information for staff involved in financial processes and student funding support.

This ongoing series aims to equip member institutions with tools, clarity, and shared expertise that can be applied immediately within their campuses.



Advancing Financial Awareness Through Enriched Academy

Financial literacy plays a critical role in student development and long-term success. Through our partnership with Enriched Academy, ACE Career College continues to provide students with access to a comprehensive online program that promotes informed and responsible financial decision-making.

This learning platform introduces practical strategies for managing income, understanding credit, planning expenses, and setting realistic financial goals. By engaging with real-world scenarios and guided lessons, students can strengthen their ability to navigate everyday financial responsibilities with clarity and confidence.



We encourage students to take initiative and explore the resources available through Enriched Academy. Building financial knowledge during your academic journey can support greater independence, stability, and preparedness for the future.



CONVOCATION 2026: APPLICATIONS NOW OPEN

We are pleased to announce that graduates who have received a Program Completion email from the Administration are now invited to apply for Convocation 2026. This is a significant milestone in your academic journey and an opportunity to celebrate your accomplishments with your peers, faculty, and family.

If you have not yet submitted your convocation application, kindly click the link below to complete the process.

<https://forms.office.com/r/SsCK8SKS7Y>

Convocation Details

 Date: **May 09, 2026 (Saturday)**

 Venue: **Best Western Premier Calgary Plaza Hotel & Conference Centre || 1316 33 ST. NE, Calgary, Alberta, Canada, T2A 6B6**

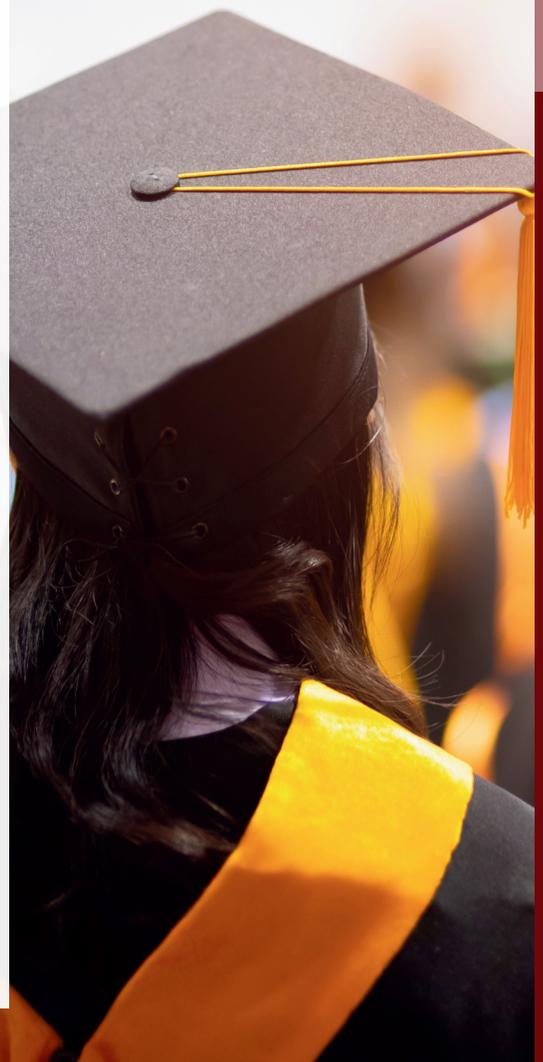
Valedictorian Application Process

Our school will soon begin the Valedictorian Application Process for the graduating class. Students who meet the academic criteria will receive an official email invitation to apply.

Key Details:

- Eligibility notifications will be sent by March 30th.
- Students who qualify will receive an email with instructions, timelines, and required application materials.
- The application will include components such as written responses and a speech sample, allowing candidates to demonstrate leadership, school involvement, and readiness to represent the graduating class.
- A selection committee will review all submissions and choose finalists based on the established criteria.

This process is an opportunity for graduating students to reflect on their school experience, highlight their contributions, and share their vision for the graduating class. Even if you are unsure about applying, receiving the invitation is an achievement and reflects your hard work throughout your studies. More information will be shared directly with eligible students by email. If you have any questions, please contact Admin office via email mignacio@acecareercollege.com.





CELEBRATING LUNAR NEW YEAR: WELCOMING THE YEAR OF THE HORSE (2026)

Happy Lunar New Year to all who celebrate! May the Year of the Horse bring happiness, success, and prosperity to you and your family. This celebration is a meaningful time for many in our school community, symbolizing fresh beginnings, renewed energy, and hope for the year ahead.

The Horse is associated with qualities such as strength, resilience, enthusiasm, and forward momentum, a fitting reminder as we continue our learning journey together. Across East and Southeast Asian cultures, Lunar New Year is marked by traditions such as family gatherings, festive meals, cultural performances, and sharing wishes for good fortune.

As a school community, this season offers a wonderful opportunity to:

- Learn about the diverse cultural traditions connected to Lunar New Year.
- Recognize and appreciate the cultural diversity that enriches our school environment.

Wishing everyone a joyful and meaningful start to the Year of the Horse!



Valentine's Day is a meaningful time to appreciate the connections that make our school community strong. Beyond cards and treats, the day highlights the importance of kindness, friendship, and the small acts of support we offer one another.

It also gave us a chance to celebrate the positive messages, inclusive spirit, and everyday gestures that help everyone feel valued. Recognizing kindness, ensuring every student feels seen and appreciated, and supporting one another's wellbeing all contribute to a warm and caring school environment. These simple actions brighten the winter months and help our school remain a place where everyone feels they belong.

*May your Valentine's Day
have been filled with
kindness, connection, and
a strong sense of
community.*

Supporting Your Mental Wellness During the Winter Months

Winter can be a challenging season for many people. Shorter days, colder temperatures, and heavier academic demands can contribute to stress, fatigue, and dips in motivation. Paying attention to your mental wellness during this time is not just helpful, it is essential for staying balanced, focused, and healthy.

Practical Ways to Support Your Well-being

Stay connected with others. Social connection is one of the strongest protectors of mental health, even small interactions.

Build small, steady routines. Winter can disrupt motivation, so aim for routines that are simple and sustainable.

Seek natural light whenever possible. Daylight supports your internal clock and improves alertness.

Move your body in ways that feel doable. Physical activity supports mood and reduces stress, and it doesn't need to be intense. Any movement you enjoy can make a meaningful difference.

Practice self-compassion. Acknowledge your effort, allow yourself to adjust expectations, and recognize that it is okay to move at a gentler pace.

If you or someone you know needs additional mental health support in Calgary, several community resources are available:

- Distress Centre Calgary - 24/7 support by phone, text, or chat at 403266HELP (4357).
- 211 Alberta - Call 211 for information on community, social, and mental health resources.
- Alberta Health Services: Access Mental Health - Helps connect individuals to appropriate mental health services. Visit Access Mental Health | Alberta Health Services for more information.

If you live outside Calgary and need mental health support, please reach out to us so we can help connect you with appropriate resources in your area. You're not alone, we are here to support you.

Mental Health Matters

#ENDTHESTIGMA 

IMPORTANT DATES & REMINDERS

February 16 - Alberta Family Day, no class

Convocation Application: If you have received your Program Completion email, we encourage you to submit your application for Convocation 2026 at your earliest convenience.

Exit Interview: Please complete the Exit Interview Form and submit it to the Admissions Team to ensure your records are finalized.

Course Feedback: Your feedback plays an important role in enhancing our academic programs. We invite you to complete the course survey after each class.

T2202 Form: Your T2202 tax form is now available in your student portal. Please log in to access and download your copy.

 #215 - 100 4 Avenue SW Calgary, AB
T2P 3N2 Canada

 info@acecareercollege.com

 (587) 617-4777

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